

## Personalised Art Journal

### STEP BY STEP

#### WHAT YOU'LL NEED:

- X-Press It Blending Journal
- X-Press It Sticky Foil Tread Plate
- X-Press It Sticky Barc
- Print out of the word "ART"
- Cutting Knife
- Cutting Matt
- Sticky Tape



#### INSTRUCTIONS:



**Step 1:** Remove the adhesive backing from the X-Press It Sticky Barc. Adhere the Sticky Barc sheet on the cover of your Blending Journal. If you have an A5 Blending Journal insure you cut your Sticky Barc sheet to size before adhering it to the cover of the Journal.



**Step 2:** Using sticky tape, stick your print out of the word "ART" on top of the X-Press It Sticky Foil Tread Plate. Using your cutting knife, cut out the letters.



**Step 3:** Work out where you would like to position your letters. Once you have done this, peel back the adhesive backing from the sticky foil tread plate and stick down in position.



**Step 4:** Now it is time to get the creative juices flowing in your personalised art journal.